



East Hampton High School Lunch Menu** Aug 28th – Sept 1st

Lunch \$3.25, Reduced \$0.40, Breakfast Daily! \$2.00, Reduced \$0.30, Milk \$0.50

Visit www.easthamptonps.org for a Free and Reduced Meals Application

**MENU SUBJECT TO CHANGE

	Monday 28	Tuesday 29	Wednesday 30	Thursday 31	Friday 1
Featured Selection 1% White Milk or Fat Free Chocolate Milk available with all menu options		LAST DAY OF SUMMER VACATION!	Pasta with Mama's Meat Sauce Parmesan Broccoli	Chicken Tenders Garden Pasta Salad Roasted Carrots	Homemade Pizza Selections Tossed Salad
Hot Grill Blazin' Buffalo Chicken Sandwiches and Cheeseburgers available daily	This is the end of blueberry season! Go pick some and freeze them in a single layer on a cookie sheet. Bag them and save them for a great frozen after-school treat!		Buffalo Pizza Buffalo Chicken Sandwich Cheeseburger Sweet Potato Wedges	French Bread Pizza Buffalo Chicken Sandwich Cheeseburger Spiral Fries	Crispy Chicken Ranch Sandwich Buffalo Chicken Sandwich Cheeseburger Sweet Potato Fries
Deli Sandwich Bar Ovengold Turkey, Low Sodium Ham, Buffalo Chicken, Assorted Cheeses Choice of WG Bread, Wrap or Kaiser Roll	This Week's Featured Sandwich: Turkey Pesto Caprese Sandwich <i>Premium Turkey folded over Creamy Mozzarella Cheese topped with Homemade Pesto, Sliced Garden Fresh Tomato, and Romaine Lettuce served on a Crusty Flatbread Roll</i>				
Garden Greens & More Yogurt Parfaits with Fruit and Granola offered Daily	This Week's Salad Bar Bonus: Southwest Selections Salad Bar offered Daily Choice of Garden Fresh Lettuce, Crisp Vegetables, Deli Meats & Cheeses, Homemade Croutons and More				



ADD \$ TO A STUDENT'S ACCOUNT @ mypaymentsplus.com USE STUDENT ID #. OR CHECK PAYABLE TO EAST HAMPTON CAFETERIA FUND.

Questions, comments, menu suggestions? Contact Jen Bove, Nutrition Services Director, jbove@easthamptonct.org



Seasonal Fresh Fruit and Vegetables
available with all menu options

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