

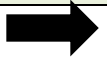
# East Hampton High School Lunch Menu\*\* December 11th – December 15<sup>th</sup>

Lunch \$3.25, Reduced \$0.40, Breakfast Daily! \$2.00, Reduced \$0.30, Milk \$0.50

Visit [www.easthamptonps.org](http://www.easthamptonps.org) for a Free and Reduced Meals Application

\*\*MENU SUBJECT TO CHANGE

	Monday 11	Tuesday 12	Wednesday 13	Thursday 14	Friday 15
<b>Featured Selection</b> 1% White Milk or Fat Free Chocolate Milk available with all menu options	<i>Creamy Macaroni and Cheese</i> <i>Italian Marinated Tomato Salad</i> <i>Blazin' Baked Beans</i>	<i>Beef and Broccoli</i> <i>Rad Rice</i> <i>Asian Carrot Fries</i>	<i>Tater-Topped Egg Bake</i> <i>Pumpkin Bread</i>	<i>Creamy Chicken Alfredo</i> <i>Fresh Baked Garlic Breadstick</i> <i>Kale Chips</i>	<i>Homemade Pizza Selections</i> <i>Rainbow Vegetable Tray with Pumpkin Hummus</i>
<b>Hot Grill</b> Toasty Alternatives Served with Fries or a Salad	<b>Grilled Cheese with Tomato</b> <i>Buffalo Chicken Sandwich</i>	<b>Stuffed Crust Pizza</b> <i>Cheeseburger</i>	<b>Buffalo Pizza</b> <i>Cheeseburger</i>	<b>French Bread Pizza</b> <i>Buffalo Chicken Sandwich</i>	<b>Chicken and Cheese Quesadilla</b> <i>Buffalo Chicken Sandwich</i>
<b>Deli Sandwich Bar</b> Meat and Cheese Selections Vary by Day	<b>Custom Built Sandwiches Made to Order!</b> <i>Oven gold Turkey,</i> <i>Low Sodium Ham, Buffalo Chicken, Roast Beef, Chicken Salad, Tuna Salad, Assorted Cheeses</i> <i>Choice of WG Bread, Wrap or Kaiser Roll</i>				
<b>Garden Greens &amp; More</b> Yogurt Parfaits with Fruit and Granola offered Daily	<b>This Week's Salad Bar Bonus:</b> <b>Macaroni Salad</b> <b>Salad Bar offered Daily</b> <i>Choice of Garden Fresh Lettuce, Crisp Vegetables, Deli Meats &amp; Cheeses, Homemade Croutons and More</i>				



ADD \$ TO A STUDENT'S ACCOUNT @ [mypaymentsplus.com](http://mypaymentsplus.com) USE STUDENT ID #. OR CHECK PAYABLE TO EAST HAMPTON CAFETERIA FUND.

Questions, comments, menu suggestions? Contact Jen Bove, Nutrition Services Director, [jbove@easthamptonct.org](mailto:jbove@easthamptonct.org)



Seasonal Fresh Fruit and Vegetables  
available with all menu options

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