



August 2016

Dear Parents and Guardians,

East Hampton Public Schools has a no cough drop policy for grades K - 5. There are many reasons for this policy including class avoidance, class disruption, choking hazard, excessive use, and more. Instead of giving cough drops, we will care for your child in the health office with other means like assisting them with salt water gargles and encouraging them to drink more water throughout the day.

If your child has a cough or sore throat requiring other means of treatment, they should see their Primary Care Physician. If the physician feels the need for cough drops, they can write a Physician's Order. Cough drops will be considered medication. Like for any other medication, the Physician's Order should include the specific name of the cough drop, the name of your child, the dose, the route, and the time they should take it, as well as a physician signature and parent signature. If any of these items are missing, we will not be able to administer cough drops to your child.

Please do not hesitate to call me with any questions. Our focus is always on the safety and wellness of your children. I thank you for your understanding in advance.

JUDY SANBORN RN

EHPS Nursing Supervisor

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